

# 2008 Senior Metropolitan Swimming Championships

## Rules and Timing Assignment

### GENERAL RULES:

1. Coaches and swimmers shall have the responsibility to familiarize themselves with the 2008 U.S.A. Swimming Rules and Regulations.
2. All events will be conducted as Prelims (AM sessions) and Finals (PM sessions) with the exception of the 800 and 1500 Freestyle events and ALL relays events which will be conducted as TIMED FINALS.
3. **Warm-up Procedures and Safety Guidelines of Metropolitan Swimming Inc. will be strictly enforced.**
4. 7 lanes will be used to conduct the prelims with 1 lane left for warm up/warm down. 8 lanes will be used for finals. A 10 minutes break will be added after each event (women and men).
5. 3 heats of 8 lanes will compete in the finals for each individual event. Top 2 heats will score. Third heat is a non-scoring heat limited to swimmers 18 & under.
6. All Relays are timed finals with the Top 8 relays swimming at finals.
7. All participating teams will be expected to time lanes, during the meet.
8. Teams will be responsible to time their own swimmers for the 800 free on Thursday afternoon and the 1500 free on Sunday afternoon. Any team not supplying timers will not be allowed to swim. Please cooperate.

**Warm-up Procedures and Safety Guidelines of Metropolitan Swimming will be strictly enforced.**

### SCRATCH RULES AND PROCEDURES:READ VERY CAREFULLY!!

1. **EVENT SCRATCHES**—Scratches for all Prelim events will be due by 8:15 AM the day of the session. Scratch forms will be provided. Scratches for Finals events will be due 30 minutes after the completion of the event. A swimmer qualifying for any finals swim based upon the results of the prelims must notify the Clerk of Course within 30 minutes after announcement of the qualifiers for that event that he/she may not intend to compete, and further must declare his/her final intention within 30 minutes following his/her last preliminary event. If a swimmer fails to follow this procedure, he/she will be barred from further competition for the remainder of the meet, except as noted in Rule 207.5.9 E1 and E3. **In addition, if a swimmer fails to follow this procedure for the last session of the meet, his/her club will be fined \$50.00 for each instance.**
2. **DISTANCE EVENTS**—Swimmers entered in the 800/1500 Freestyle events must confirm their intention to swim (POSITIVE CHECK-IN) at the pool by 4:15 PM on Thursday for the 800 Free, and by 5:00 PM Saturday evening for the 1500 Free.
3. **RELAY EVENTS**—Teams entered in relay events must confirm their intention to swim (POSITIVE CHECK-IN) at the pool by 8:15 AM the morning of the event. The top 8 relays will swim at Finals (1heat).
4. **PENALTIES**—In all events, after they have been seeded, any swimmer who fails to compete in an individual event heat in which he/she is entered and from which he/she has not been scratched will be barred from all further individual and relay events of that day.
5. **RELAY PENALTIES**—The relay scratch rule will be as follows: Any relay team entered in a relay event and not properly scratched must swim the event. Failure to do so will result in each member of the relay team being barred from the next relay event in which they may otherwise be eligible to compete. A relay team member failing to appear ready to swim for a relay event will be barred from his/her next individual event. Relay members who do appear ready to swim shall not be penalized.
6. **It is the responsibility of the Swimmers and the Coaches to make sure that swimmers have not moved up into the top 24 by the close of the prelims session.**

**TIME TRIALS:** Time trials will be held after prelims, as time permits. They will cost \$5.00 per swim. Time trials will be open only to swimmers who are entered in individual events in the meet. Swimmers are allowed a maximum of two (2) time trials over the course of the weekend. **Time trials are counted toward the three individual events allowed per swimmer per day.**

## TIMING & MEETMARSHAL ASSIGNMENT

### Senior Mets Long Course 2008

**ADULT TIMERS WITH WATCHES** will be expected from each club and will be assigned based on a percentage of entries at each session. **A team assigned a lane must provide timers on that lane for the entire session!** Timers are asked to be on deck 15 minutes before the scheduled start of the session. Volunteer timers are welcome.

**PLEASE COOPERATE.** Any timer that has not reported, from a club assigned to time, will result in the disqualification of that club's swimmers until that timer reports.

Thanks for your cooperation.

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#### Meet Marshals:

- Meet marshals must be on deck at least 5 minutes before the start of scheduled warm-up.
- Meet marshals must stop at pool desk to receive instructions. Identifying attire will be supplied.
- Marshals must enforce warm-up procedures and maintain order in the swimming venue.
- Marshals must be on deck for the duration of each session.

#### Timers:

**All teams that are not assigned a lane to time must be "oncall" if needed**

**Swimmers entered in the 800 and 1500 must provide their own timer and counter (BYOT).**

| Lane             | Thursday<br>Session 1 | Fri. AM<br>Session 2 | Fri.PM<br>Session3 | Sat. AM<br>Session 4 | Sat.PM<br>Session 5 | Sun. AM<br>Session 6 | Sun. PM<br>Session 7 |
|------------------|-----------------------|----------------------|--------------------|----------------------|---------------------|----------------------|----------------------|
| 1                | BYOT                  | LIAC<br>LIAC         | LIAC<br>LIAC       | OWA<br>IA            | OWA<br>BASC         | OWA<br>IA            | BASC<br>BASC         |
| 2                | BYOT                  | LIAC<br>LIAC         | LIAC<br>LIAC       | HAA<br>HAA           | NBS<br>NYCC         | LIE<br>LIE           | OWA<br>TVSC          |
| 3                | BYOT                  | LGAC<br>LIE          | TS<br>TS           | TVSC<br>TVSC         | TS<br>TS            | TVSC<br>TVSC         | TS<br>TS             |
| 4                | BYOT                  | BGNW<br>BGNW         | LGAC<br>LGAC       | BGNW<br>LGAC         | LGAC<br>LGAC        | BGNW<br>BGNW         | LGAC<br>LGAC         |
| 5                | BYOT                  | UAC-CT<br>AGUA       | MSC<br>MSC         | BASC<br>MSC          | MSC<br>MSC          | BLUE<br>MSC          | MSC<br>MSC           |
| 6                | BYOT                  | BAD<br>BAD           | BAD<br>BAD         | BAD<br>BAD           | BAD<br>BAD          | BAD<br>BAD           | BAD<br>BAD           |
| 7                | BYOT                  | FLY<br>FLY           | AGUA<br>AGUA       | FLY<br>FLY           | AGUA<br>AGUA        | FLY<br>FLY           | AGUA<br>AGUA         |
| 8                | BYOT                  | ----                 | LIE<br>LIE         | ----                 | LIE<br>LIE          | ----                 | LIE<br>LIE           |
| Relief<br>Timer  | ----                  | IA                   | BGNW               | AGUA                 | LIE                 | AGUA                 | BGNW                 |
| Meet<br>Marshals | FLY<br>TVSC           | TS<br>TVSC           | WAC<br>NBS         | TVSC<br>HYB          | TS<br>WAC           | NFS<br>NS            | AGUA<br>LIE          |